

Now

ULTRATONE WAS THE BEST PERFORMER IN THE NOW TEST



ULTRATONE FUTURA PRO

TESTER
Zoe Penn, 24

What is it? Ultratone Futura Pro uses pads placed on problem areas of the body to help you lose inches and tighten dimply skin. The pads emit a series of different wavelengths to stimulate and tone problem areas. Firstly, handheld ultrasound devices break down the visible fat underneath the skin, then pads are placed over the lymph nodes to help flush out the toxins that cause cellulite. Finally, an intense muscle and skin-toning programme is delivered to use up the liberated fat as energy and tighten and smooth skin. A half-hour session is said to be the equivalent of 900 sit-ups and a course of treatment can help you drop a dress size. Celebrity fans of Ultratone include Gwyneth Paltrow, Shakira and Michelle Heaton.

How long does it take? 1 hour.
How many treatments are required? Five are recommended.

What does it cost? A single treatment costs from £35. Call 020-7935 0631.

Our tester Zoe Penn, 24, a PR trainee from Barnet, north London, had treatment on her waist, hips and thighs.

Verdict 'I was quite sceptical about this treatment, but as I lay there for an hour, a pins-and-needles sensation definitely made it feel like something was happening and my jeans certainly felt looser afterwards. Liposuction is apparently best for fine-tuning what you've already got and, as I'm a lapsed gym-goer with a certain amount of tone (albeit hidden), I feel this is a good alternative to a more invasive procedure.'

ZOE	
SIZE BEFORE	
Waist	32in
Hips	39in
Thighs	22½in each
SIZE AFTER	
Waist	30in
Hips	39in
Thighs	21½in each
TOTAL INCH LOSS	4in

Our guide to the best new surgery-free treatments

Instant inch loss

TRIED AND TESTED

ULTRATONE FUTURA PRO

TESTER Zoe Penn, 24

TESTER SUE

TESTER Jessica Tomlin, 27

TESTER See Robinson, 35

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Thighs	21½in each
TOTAL INCH LOSS	4in

LIPO

JESSICA

Our tester Charity worker Jessica Tomlin, 27, from High Wycombe.

Verdict 'It was very good. I was told that I wouldn't feel anything, but I didn't really believe them so I was pleased.'

JESSICA	
SIZE BEFORE	
Waist	30in
Hips	36in
Thighs	22in each
SIZE AFTER	
Waist	29in
Hips	35in
Thighs	21in each
TOTAL INCH LOSS	7in

"It definitely made it feel like something was happening and my jeans certainly felt looser afterwards"

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